

Rainbow promise (based on *Growing in Grace and Gratitude* curriculum by PCUSA.)

FROM OUR STORY: "Never again will I flood the whole world," God promised. "From this day on, there will always be time for planting and picking the food that grows. The day will always follow night. The cold days of winter will always be followed by the warm days of summer. For as long as the earth shall be. I make this promise to you and your children's children. I make this promise to every living being that breathes." Then God said to Noah and his family, "Look up to the sky." Noah and his family looked up. There in the sky was a beautiful rainbow.

MAKE A PRAYER RAINBOW

YOU WILL NEED paper and crayons or markers. Did you know that by praying the colors of the rainbow, we can remember God's promises? Draw a rainbow or simply doodle in the colors. What colors would you put into your rainbow? Can each color stand for a different kind of prayer. Use the colors below or chose a color of your own. As you color with:

Red: Say a prayer to God, saying that you are sorry for something wrong that you have done.

Orange: Pray a prayer of thanks to God for everything God has given you: family, friends, church, food, clothes, shelter, and more.

Yellow: Say a prayer of praise for the blessings we have.

Green: Pray and ask God to show you how you can be more giving to others.

Blue: Give God praise for creation: for the sky, the land, the animals, and all that surrounds us.

Purple: Pray for those who may not have food or family to spend time with. Pray that God would comfort them and provide them with food and people to show them love.

When you finish your rainbow you might pray:

Dear God, thank you for the rainbow to remind us of your holy promise to us.

When we see **red**, may we remember to tell you and others we are sorry for things we have done wrong.

When we see **orange**, may we give thanks.

When we see **yellow**, may we praise you for all our blessings.

When we see **green**, may we be kind to others.

When we see **blue**, may we care for our world.

When we see **purple**, may we remember those in need.

We pray all these things, knowing that you love us so very much. Amen.

IDEA: Put your rainbow somewhere everyone can see it! Tell your family or friends about God's holy promise!